

Timeline

Name: _____

Year	Age	Life Events	Thoughts & Feelings
	Prenatal	<i>Example: mother extremely ill in pregnancy</i>	
	Birth	<i>Example: forceps used, mother sedated</i>	
	1	<i>Example: started daycare</i>	<i>Example: scared, overwhelmed, sad</i>
	2		
	3		
	4	<i>Example - started J-Kindergarten</i>	<i>Example: eager, lonely, missing parent</i>

Year	Age	Life Events	Thoughts & Feelings